



BREAKFAST

All of the following items have choice of toast : white, brown, rye and multigrain and comes with panfries (or upgrade to fresh fruit instead of potatoes for \$ 2.00) poutine panfries \$ 2.50 (gluten free toast available \$ 2.00 upgrade) **GF = GLUTEN FREE**

<u>2 Egg Breakfast</u> (add extra eggs for \$1.25 each)	
* 2 eggs any way you like 'em with panfries	\$7.75
*2 eggs with panfries and toast and your choice of bacon (4 pc), pork sausage (4 pc) or ham slices (3) or turkey bacon (3)	\$9.75
*2 eggs with Back Bacon (3 pc) or our <u>new maple sausages</u> panfries and toast	\$10.00

<u>Avocado Toast</u> served on bavarian style multigrain avocado, pesto, bacon and brie	\$10.50
avocado, oven roasted tomato, ricotta, olive oil and sea salt	\$11.75
avocado, smoked salmon with housemade red onion relish	\$14.00
add 2 eggs to any toast \$2/ vegan option available	

Eggs Benedict
2 eggs poached medium on a grilled english muffin with hollandaise and panfries choice of:

back bacon	\$10.75
turkey bacon	\$11.25
bacon	\$10.75
smoked salmon	\$13.00
oven roasted tomato, ricotta and arugula	\$12.75
corned beef and red onion relish and gouda	\$15.25

Omlettes :
RnR's Omelette (comes with cheese) GF \$10.50
build your own omelette : 2 eggs with cheddar and your choice of 3 toppings fresh mushrooms, ham, bacon, tomato, bell peppers, onions, sausage, green onions, salsa, spinach, jalapenos, bl. olives
extra toppings \$1.00 each feta \$2 extra egg \$1.25

NEW! turn your omelette into a grilled wrap

<u>Rockin' Florentine Omelette</u>	\$12.25
spinach, feta and bacon 2 egg omelette add egg \$1.25 ea	

<u>Mexicasa Omelette</u> GF	\$10.75
sauteed red onions, cilantro, bell peppers, tomatoes, salsa, taco beef and cheddar cheese, served with a side of sour cream	

<u>Perogie Pie</u> GF	\$13.50
a breakfast pie made from a potato green onion crust, a bacon and cheddar quiche style filling topped with sour cream and green onions	

Other Rockin' Breakfasts

"Chubby Checker" Platter
3 eggs, 2 bacon, 2 ham, 2 sausages and 3 big pancakes
GF available \$16.95
3 eggs, 2 bacon, 2 ham, 2 sausage with panfries and toast
GF available \$14.50
3 eggs, 2 bacon, 2 ham, 2 sausage with french toast (3 pieces)
GF available \$17.50

<u>Banana Cream Pie Brioche French Toast</u> 	\$13.25
banana pastry cream, brioche and whipped cream	

<u>Corned Beef Hash</u> GF	\$15.50
a diner favorite! Hand cut slices of corned beef with onions and cheddar cheese, smashed potatoes and a couple of eggs, just the way you like 'em. Double the corned beef add \$6	

<u>Breakfast Spring Rolls</u> (6 pcs)	\$9.00
fresh basil and spinach, with cheddar and scrambled eggs in spring roll wrappers, served with sweet thai chili sauce	

Pancakes all of our scratch made pancakes come with a choice of ham, bacon, sausage or turkey bacon

<u>Tripleberry Pancakes Short Stack</u> (2) 	\$10.50
(topped with our raspberry, blackberry and blueberry compote)	
Short Stack	\$9.75
Short Stack with blueberries (2)	\$11.00
Gluten Free Short Stack	\$11.00
Big Stack (4)	\$12.75
add caramel and bananas to any of the above	\$2.50
Vegan GF Oatmeal Pancakes (3)	\$13.25

<u>The Original Breakfast Wrap</u>	\$11.25
Fajita style peppers and onions, mild italian sausage, scrambled eggs and havarti cheese in a flour tortilla wrap, served with panfries and salsa	

Add ons :

toast	\$2.25
sausage 4 pc, bacon 4 pc or ham 3 pc	\$4.50
side maple sausage	\$5.00
yogurt or cottage cheese	\$2.75
extra egg	\$1.25
panfries	\$2.50

<u>"Meatatarian" Scrambler</u> GF AVAILABLE	\$13.75
our breakfast scrambler topped with cheddar. Comes with scrambled eggs, ham, bacon, sausage and panfries. Feel free to get your eggs any way you like!	

<u>The Wannabe</u> GF, vegetarian and low carb 	\$11.75
zucchini fritters (gluten free), fried marinated halloumi, roasted cauliflower dill cream sauce, shred carrot, arugula and oven roasted roma tomatoes	
add smoked salmon \$6	
add 2 pc turkey bacon \$1.25	
add 1 egg \$1.25	

<u>Poutine Panfries</u> 	\$6.50
panfries topped with green onions, shredded cheddar, chopped tomatoes, hollandaise	
add crispy chopped bacon	\$2.00

<u>Breakfast Tacos</u>	\$11.75
italian sausage and our fajita style peppers with scrambled eggs and cheddar cheese in 3 soft flour tortillas	comes with salsa

<u>Buddha Bowl</u>	
our breakfast bowl with quinoa, deep fried chickpeas, roasted cauliflower, black bean and corn salsa, shredded carrot and cucumber, avocado and a coconut siracha sauce	
vegan	\$10.75
add egg your way	\$11.50
or add turkey bacon (2)	\$12.00

<u>Breakfast Quesadilla</u> GF available	\$13.50
spinach, scrambled egg, cheddar, swiss, roasted cauliflower, peppers, avocado and green onions in a grilled tortilla	
served with salsa and sour cream	

<u>Cinnamon Roll French Toast</u>	\$12.75
our housemade cinnamon roll, dipped in batter and sprinkled icing sugar, comes with choice of ham, bacon or sausage	

oatmeal	\$4.50
cinnamon raisin toast	\$2.50
pancake	\$3.25
fruit bowl	\$4.95
waffle (1)	\$6.50
maple syrup	\$0.50